



## Management Update

Winter has snuck up on us again and the winter woollies are back out.

Although closed again this week, it has been great to see in recent weeks that the Café has reopened. One of the most popular activities for residents seems to be the Coffee Club. Great to see everyone enjoying this space again.

S. Antonio also welcomed the new Board of Directors which were elected at the recent Annual General Meeting.

Royal Commission, Covid-19 & Covid -19 again. What a turbulent last 4 months. S. Antonio has been a flurry of activity to keep up with the ever changing demands of the industry & Covid. Covid Restrictions continue to be dominant on a daily basis.

Management wish to thank our representatives & visitors for assisting in adhering to the restrictions directed by NSW Health & the Australian Government. We ask for your continued support & understanding and appreciate that it is a difficult time for everyone with the recent closure to visitors. We hope to be back open as soon as possible. In the meantime, we are happy to assist in arranging window visits, video calls or phone calls for residents. We have also purchased two additional ipads to assist with video calls.

Minor refurbishment around the home also continues with a focus of the Lower Ground Floor over the next few months.

**OFFICE HOURS Monday – Friday**  
**9.00 – 4.00**

Unless enquiries are urgent, we would like to request that you call during these hours. Calling outside these hours require staff to stop care delivery to answer the phone.

**SOCIAL LEAVE**  
**AND APPOINTMENTS**

If you are taking a resident out of the facility, it is essential that the staff on the floor are informed. On arrival back to the facility, please ensure that residents are signed back in.

## S.ANTONIO FEAST DAY



On the 13 June 2021 our association in Sydney honoured and celebrated the feast day of S. Antonio on his special day.

S. Antonio is known as the patron saint of the poor, the finder of lost things and the saints of small requests.

The day is celebrated with a procession with a big brass band, a Mass and blessing of the children and bread. It was a glorious and moving day for all who attended.







May 2021 saw a changing of the S. Antonio leadership. After 38 years Board President Peter Maniscalco decided to call it a day.

Peter has dedicated 50% of his life to S. Antonio. Achieving an OAM for his service to the Italian Aged Care Community, he leaves a legacy that he can be truly proud of.

Staff & Management of S. Antonio wish Peter well in his next chapter.

A New Board is now in place for 2021. Staff & Management look forward to working closely with our new Board. Congratulations to all our members.

### S. Antonio's New Board for 2021:

- Filippo Pace – President
- Paul Signorelli – Vice President
- Salvatore (Sam) Restifa – Treasurer
- Maria Franco – Director
- Filippa Indovino – Director
- Ross Cutelli – Director
- Anthony Avvenevole – Director
- Carmelina (Lina) Maiorana – Director
- Salvatore (Sandy) Barbagallo – Director
- Carmela Ohmenzetter – Director



## RESTRICTIVE PRACTICE

Many moons ago restraints used to be a common practice in Aged Care. Most forms of physical restraint are no longer used today and the legislation around what is now called 'Restrictive Practice' has been, and continues to be, tightened up further. Even bedrails are now a thing of the past except in very specific circumstances.

Forms of Restrictive Practice that are the current focus are medications and what is called 'Environmental Restraint', both of which are seen as a last resort. Environmental Restraint simply put is any locked door, fence, gate, keypad or barrier that stops someone going where they wish to go.

Processes are very clear and you or your representative will be involved in the discussions

prior to commencing including the written authorisation from your GP and your representative.

## ADVANCE CARE DIRECTIVE (ACDs)

Advanced Care Directives are a vital part of the care you or your family will receive whilst at S Antonio.

As defined by NSW Health - An Advance Care Directive is a way to say what healthcare treatments you would like to have or refuse, should you be in a position where you are seriously ill or injured and unable to make or communicate decisions about your care and treatment.

Under the Aged Care Quality & Safety Commission (ACQSC) Outcome Standards, consultation and engagement is required to provide your decisions on end of life care. The two standards covered are: Standard 1 – Consumer Dignity & Choice and

Standard 2 – Ongoing Assessment & Care Planning.

The ACDs have been handed out by the Care Managers. Whilst we appreciate this is not an easy conversation to have, it allows your say in what interventions occur and provides the staff with direction. We can arrange to have a Registered Nurse, Care Manager or GP involved in the conversation if you wish.

Further information can be found at

[www.health.nsw.gov.au](http://www.health.nsw.gov.au)

# Announcements



## RESIDENTS AND RELATIVES SURVEY



We have commenced the Residents and Relatives Survey. This Survey provides you with the opportunity to give feedback and suggestions with regards to our services which will allow us to make any necessary improvements.

Activities at S. Antonio have been happening as normal. We ensure social distancing and infection control practices are active, to ensure our residents and staff are not at risk.

Daily ongoing activities such as religious, special celebrations and regular entertainers are all back to their usual schedules, in line with NSW health department advice.

## INFLUENZA VACCINATION

Effective 1st June 2021, the Mandatory requirement from Australian Government & NSW Health is that ALL persons entering the facility are required to have the Influenza Vaccination. You will be requested to provide evidence of your vaccination status as S. Antonio is required to report this to the ACQSC when they attend the facility to audit. If you have a medical exemption, evidence of this is required.

## MENU REVIEW

We are currently working on the Summer Menu. If you have any suggestions with accompanying recipes for culturally specific meals, these are most welcome.

**A Summer Menu Evaluation Form is attached to this newsletter to provide feedback on the summer Menu.**



## HAIRDRESSER/BEAUTICIAN

To improve hairdressing services, a new hairdresser/Beautician Mary Maggio has been engaged. Mary works all day Fridays and Ted continues to work Wednesdays 9am -12pm.

We trust that the increase in services will assist with our residents needs.

# Announcements



## COVID VACCINE AND RESIDENTS



The Covid vaccination program has been in the media a lot lately. In recent months, S Antonio has had 3 vaccination clinics for residents in which most residents have had the opportunity to receive 2 doses of the Pfizer vaccine.

Newer residents to the home may not have had the opportunity to be vaccinated. If you do wish to be vaccinated, please speak with your RN so that your GP can be alerted – a Consent Form will be needed.

If you previously refused vaccination and wish to reconsider, please also speak with your RN.

Unfortunately, the vaccination clinics were not permitted to include staff except if they had left over vaccine. We are currently supporting staff to ensure they have been vaccinated well before the mandatory rules come into force.

**Vaccination is the single most important way to protect residents and the general community.**

## CAFÉ ARRANGEMENTS

While it was wonderful to have the café open again, it was very short lived. Due to the recent Covid Lockdown we have had to shut the café down. However, we look forward to reopening soon.

When we reopen the hours will be as follows:

Thursday – Sunday 9.30 – 3.00



## Bereavements

Our deepest sympathies have gone out to the families who have lost their loved ones over the Autumn period.



# LIFESTYLE Upcoming Events

## July

- 14 Bastille Day
- 21 Christmas in July
- 23 Olympic Games
- 28 Residents & Relatives Meeting

## August

- 15 Ferragosto Festival

## September

- 5 Fathers Day
- 17 Octoberfest



# Regular Activities

## Catholic Mass

First Thursday of each month 10:30am

## Holy Communion Service

Every Thursday at 10:30am

## Rosary

Every Wednesday 10:30am

## Anglican Service

Third Wednesday of each month 1:30pm

## Hairdresser

Every Wednesday 9am -12pm

## Hair & Beauty

Every Friday

## Coffee Club

Every Thursday after Communion Service



# Birthday Celebrations



## WINTER CELEBRATIONS



## UPCOMING BIRTHDAYS

### June

Joan  
Anna  
Edna  
Tamara  
Sebastina  
Peter  
Domenico  
Eva  
Maria

### July

Max  
Georgina  
Sau  
Giovanni  
Maria  
Giuseppe  
Gina  
Kathleen  
Teresa

### August

Kathy  
Joe





# Monthly Activities






























**Julys Monthly Leisure and Lifestyle Calendar. This calendar is updated monthly and is available on our website.**



## LEISURE and LIFESTYLE MONTHLY CALENDAR

**July 2021**

<p>Dear Residents,</p> <p>We encourage you to join and participate our activities for this month.</p> <p>This is a good opportunity for you to meet new people and make friends with other residents.</p> <p>If you have any questions to our daily activity and suggestions for a new activity, please see one of our Lifestyle Team.</p> <p>We love feedback and comments!</p> <p>PS: Refer to our Weekly Calendar for more info to our daily activities.</p>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<p>1<sup>ST</sup></p> <p>10:30am – Catholic Mass with Fr. Roberto in the Chapel</p>  <p>1:30pm – Movie in Media Room</p> <p>2:30 pm – Room Visits/ Group conversation</p>	<p>2<sup>ND</sup></p> <p>10:30am – Hair &amp; Beauty with Mary</p> <p>2:00pm Happy Hour and Music (Sing-Along)</p> 	<p>3<sup>RD</sup></p> <p>10.30AM Bingo Lv1 1 Lounge Room</p>  <p>1.30pm Movie in Media Room</p>
	<p>5<sup>TH</sup></p> <p>10:30 Gentle Exercise</p> <p>Residents Activity of Choice</p> <p>1:30pm - Anglican Service in Media Room</p> <p>- Movie Day after the service (Media Room)</p>	<p>6<sup>TH</sup></p> <p>9:00am Garden/Daily Walk</p> <p>10:30am Bingo</p> <p>1:30pm – Lady Anne Funeral Sponsored Entertainer</p> 	<p>7<sup>TH</sup></p> <p>9am-12pm Hairdresser Day with Ted</p> <p>10:00 am Rosary in Chapel</p> <p>1:30pm – Fresh Bread Toast Day</p> 	<p>8<sup>TH</sup></p> <p>10:30am Communion service in the Chapel</p> <p>- Coffee Club</p> <p>1:30pm – Movie Day in Media Room</p> 	<p>9<sup>TH</sup></p> <p>9:00 am – Hair &amp; Beauty with Mary</p> <p>10.30 - Gentle Exercise</p> <p>1:30pm – Happy Hour</p> 	<p>10<sup>TH</sup></p> <p>10:30am – Bingo in Level 1</p> <p>1:30pm – Movie in the Media Room</p> <p>- Fresh fruit Platter (Cutting Fruits)</p> <p>- Room Visits</p>	<p>11<sup>TH</sup></p> <p>10:00am - Live Streaming Catholic Mass in Media Room</p>  <p>1:30 pm Bingo</p> <p>- Ice Cream Trolley</p>
	<p>12<sup>TH</sup></p> <p>9:30 am Daily Walks</p> <p>10:30 am Exercise followed by Balloon Games</p> <p>1:30 am Movie Time in Media Room</p> <p>- Room Visits</p> 	<p>13<sup>TH</sup></p> <p>9:00 am Nail Care</p> <p>10.30 - Bingo</p>  <p>1:30pm - Memory Games</p> <p>3:30 pm – Musical, Reminiscence</p>	<p>14<sup>TH</sup></p>  <p>2:00 pm Live Entertainment with Rosseanne Gallo</p>	<p>15<sup>TH</sup></p> <p>10:30am – Holy Communion in Chapel</p> <p>- Coffee Club</p>  <p>2:00 pm – Music</p> <p>- Movie in Media Room</p> <p>- Room Visits</p>	<p>16<sup>TH</sup></p> <p>9:00am Hair &amp; Beauty with Mary</p> <p>10:00am – Gentle Exercise followed by balloon Toss game</p> <p>1:30pm - Happy Hour</p> 	<p>17<sup>TH</sup></p> <p>10:30 am Bingo in Level 1 Dining Area</p> <p>1:30 pm – Movie Time in Media room</p> <p>1:30 pm Fresh Fruit Platter/Fruit cutting session with residents</p>	<p>18<sup>TH</sup></p> <p>10:00 am Live Streaming Catholic Mass</p> <p>1:30 pm Mind games</p> <p>2:30 pm Choir Practice</p> <p>- Ice Cream Trolley rounds</p>
<ul style="list-style-type: none"><li>Every <b>Monday Thursday &amp; Saturday</b> is our <b>Movie Day</b> in Media Room.</li><li>Every <b>Wednesday</b> Rosary in Chapel</li><li>Hairdresser day on Wednesday with Ted and Friday Hair &amp; Beauty with Mary.</li><li>Every <b>Sunday</b> Live Streaming Mass in Media Room</li><li>Every <b>Thursday</b> Holy Communion Service and First <b>Thursday</b> of the month is our Catholic Mass.</li><li>Bus Trip – once a month (subject to Health Dept. advice)</li></ul>	<p>19<sup>TH</sup></p> <p>10:00am – Gentle Exercise/Balloon games</p> <p>1:30pm – Anglican Service</p> <p>- Movie Day</p> 	<p>20<sup>TH</sup></p> <p>10:30am – Bingo in Lounge Room</p> <p>1:30pm – Painting</p> 	<p>21<sup>ST</sup></p> <p>9am-12pm Hairdresser Day</p> <p>10:30am – Rosary</p> <p>1:30 pm – Arts and Crafts</p> 	<p>22<sup>ND</sup></p> <p>10:30am – Holy Communion</p> <p>- Coffee Club</p> <p>1:30pm – Movie in Media Room</p> 	<p>23<sup>RD</sup></p>  <p>1:30 pm Entertainment with Alfredo &amp; Happy Hour</p>	<p>24<sup>TH</sup></p>  <p>Variety of Games</p>	<p>25<sup>TH</sup></p> <p>10:00am - Live Streaming Catholic Mass (All Floors)</p> <p>1:30 pm Bingo in Level 1 Dining area</p> 
	<p>25<sup>TH</sup></p> <p>9:30am – Daily/Garden Walks followed by Pool Noodle</p> <p>Balloon Games</p> <p>2pm – Movie in Media Room</p> 	<p>27<sup>TH</sup></p> <p>10.30am – Bingo</p>  <p>1:30pm – Painting in Quiet Room, Ground Floor</p>	<p>28<sup>TH</sup></p> <p>9-12 pm Hairdresser Day with Ted</p> <p>1:30 am – Residents &amp; Relatives Meeting</p>	<p>29<sup>TH</sup></p> <p>10:30 am Communion Service in Chapel followed by Coffee Club</p> <p>1:30 pm – Movie Time in Media Room</p>	<p>30<sup>TH</sup></p> <p>9:00 am Hair &amp; Beauty Mary</p> <p>1:30pm - Concert with Ricardo</p>  <p>1:30pm – Movie in Media Room</p>	<p>31<sup>ST</sup></p> <p>10:00 am S. Antonio Choir Practice</p> <p>10:30 am Bingo</p> <p>1:30 pm Fresh Fruit Platter -Fruit Cutting session</p>	 <p>Bus Trip to be advice...</p>
	 <p>Every Thursday after Communion Service</p>	<p>COFFEE SHOP OPEN: Thursday – Friday 9:30 am – 3:00 pm Saturday – Sunday 9:30am – 2:30pm</p>					

MONTHLY ACTIVITIES

# Activity Reviews



Easter Sunday is celebrated with a special morning tea with cakes, chocolate eggs and hot cross buns. Followed by an Easter Roast lunch prepared by our chef.



EASTER SUNDAY



# Activity Reviews



Anzac Day is our highlighted event of the year. We hold a special Anzac Service with readings from our residents.



**ANZAC DAY**  
*Let's We Forget*



ANZAC DAY SERVICE



# Activity Reviews



St Patrick's Day was filled with lots of entertainment and a special Irish Menu

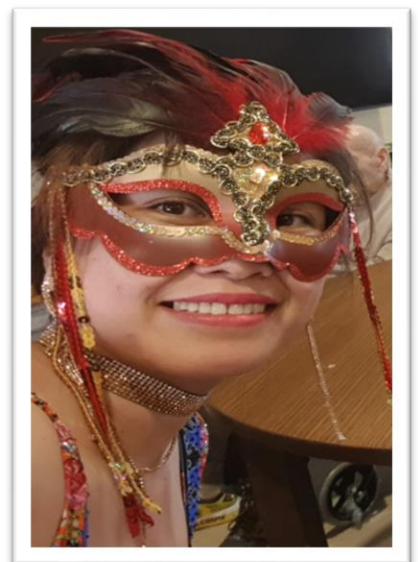
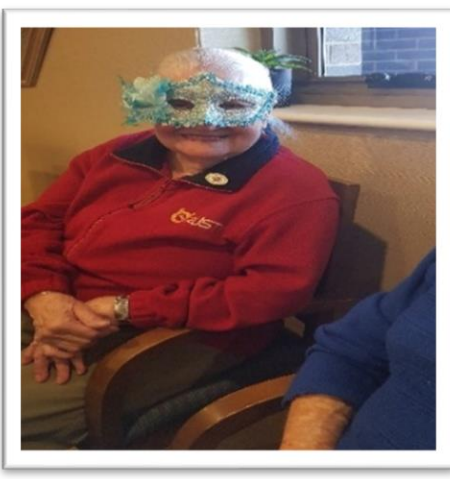
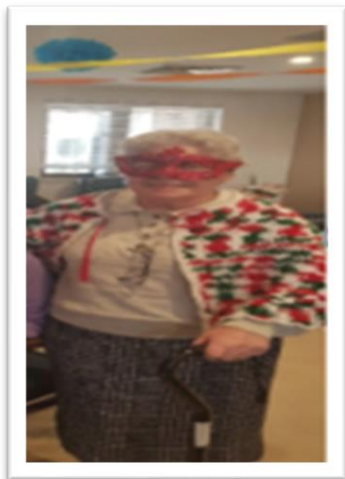


ST PATRICKS DAY

# Activity Reviews



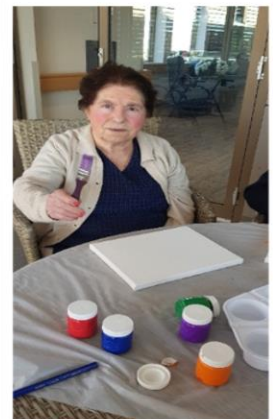
Italian culture was celebrated with a Carnevale festival. Residents enjoyed food, live entertainment and all had fun wearing traditional masks.



CARNEVALE



# Activity Reviews



SNAPSHOTS





## Linda Bernardi



Linda was born in Via Monte Brogliano in the city of Vincenza. She was the eldest in the family, and her brother and sister were twins and five years younger than Linda.

Linda grew up in the Filotto's estate, a nice property where they grew all kinds of fruit, trees and vines and different kinds of grains which the women used to make polenta and bread.

When Linda was 20 she met her husband Luigi, they fell in love and became engaged after which came an economic downturn in Italy. An opportunity arose for them to come to Australia. Linda and her husband left Italy in 1956 and arrived in Melbourne in August 1956.

Linda and her husband settled in Sydney and started a family and had two children and lived a happy life. Linda is known for her fabulous cooking, generosity, kindness and love for her family.



# Staff Profile



Ranran Cao



Hi, my name is Ranran and most of you would know me as the accounts guy. I have been working at S. Antonio now for over 13 years doing the accounts for the Nursing Home and Charity.

I come from China and first moved to Australia in 2004. While it was a big decision to move to Australia, I have loved every moment. I have been on several holidays, met many new friends, finished up my studies and met my wife. We now have 2 beautiful children a girl and a boy. My son is 3 and my daughter is 1 and they keep us on our toes.

What most of you won't know about me is that I have my Masters in Engineering but have a passion for numbers which is why I do what I do.

When I am not at work, I enjoy travelling, taking road trips, eating out, and spending time with my family and friends.









## MENU EVALUATION FORM

**Summer 2021**

*The following review to be completed 6 monthly.*

**Objective: To ensure consumers are satisfied with the food/fluid being provided.**

**To ensure that meals are nutritionally balanced.**

QUESTION	YES	NO
1. I am satisfied with the temperature of meals served to me		
2. I am offered a variety of different types of meals throughout the week		
3. I am happy with the portion size of the meals being served		
4. I am asked of my food likes and dislikes and they are respected		

***Popular Menu Items & Items to be considered for inclusion in the Menu:***

*(Please indicate whether the request is for breakfast, lunch or dinner)*

***Least popular Menu Items:***

*(please indicate the main reason why this meal is disliked, e.g. Taste, texture, smell, boredom)*

**Please indicate other suggestions for improvement to the Menu:**

Completed by (Optional): \_\_\_\_\_

Date: \_\_\_\_\_

Person completing (please circle): resident/ representative, chef, other: .....



## YOUR FEEDBACK IS IMPORTANT



S. Antonio is constantly seeking ways to improve our service to our residents and their families. However, we rely on your feedback, both positive and negative, to identify gaps and provide a service that meets or exceeds your expectations.

S. Antonio views feedback as an opportunity to recognise good work practices, to identify improvements and most importantly educate our staff.

We take all feedback very seriously and when issues are identified, we aim to act promptly and rectify any Completion of a concerns.

## FEEDBACK CAN BE RECEIVED IN MANY WAYS:

1. Continuous Improvement Log, or Feedback Comment.
2. These forms are located outside the hairdresser on Ground Floor. Please pick one up anytime you feel the need to express any concern or suggestions. Completed forms can be returned via the suggestion box located outside the hairdressers or emailed through to [office@s-Antonio-da-Padova.com](mailto:office@s-Antonio-da-Padova.com). Please be reminded that the Feedback & Continuous Improvement Log can be completed anonymously.
3. Issues associated with care needs can be raised with the Registered Nurse looking after your loved one.
4. Our Facility Management Team encourage and welcome feedback and are happy to meet with residents and relatives.
5. Zero Tolerance – S. Antonio has Zero Tolerance to abuse of our staff or management. Verbal abuse to any member of the staff will not be tolerated. Staff do not have to engage with you if you are abusive.

Please respect the care & work that staff do.